

ABHAR MAHILA SAMITY

ANNUAL REPORT-2010-11



ABHAR MAHILA SAMITY

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From the desk of the President

Dear Friends,

As I write this message, there is much change and promise of progress and development around us. There are fresh faces heading our government and we expect rapid growth in all areas, as the development sector continues to do its best for bringing about social change in our area.

AMS encourages volunteers to contribute their time, skills and energies to enhance the work being carried out at the grass root level. We are happy to record that in the seven years since our inception, we have grown from placing a handful of volunteers/interns with local NGOs, to forging new collaborations, partnerships and programs in order to strengthen our ongoing program.

This year we have organized several program especially Rath Yatra for “Beti Bacho Abhiyan”, establishment o seed/grain bank, farmer’s club, kitchen garden etc. Our program for environment awareness has left a great impact on the society and people have become more vigilant to save the natural resources. We have also arranged the program like awareness campaign for adolescent girl’s health and NADEP composting method for quick recycling of agro waste.

The other program such as Jan Sunwai, network among Sarpanch/Panch, workshop for the forest committees and for farmers, MAT workshop, workshop for eradication of child labour etc. have also proved beneficial for the upliftment of the society.

Our mission is directed towards bringing about positive social change. Through our training/ workshops we influence volunteers and groups/communities within which they work, and encourage them to contribute to the development sector. By consolidating activities and expanding our collaborations,

In the coming year we will try our best to serve the society in the new avenues at the same time we would put more efforts for the conservation of natural resources.

I would like to thank all our committed volunteers, local NGOs, supporters, trainers and the AMS team for all their hard work and dedication, which has proved a great help to serve the last man of the society. We are sure that such support will remain continue in future also.

Best wishes
Mrs.Prabhati Khare
Chairman

Our Vision

The vision of the organization is the social, economical and cultural development of the most suffering, exploited and deprived people of the society by bringing them back to the main stream so that the last man of the society may live peacefully, freely and with dignity.

Our Mission

The mission of the organization is to unite the women, deprived and exploited people of the working area and build their capacity so that they can get their rights due to strength and can join the main stream of the society and live with self respect.

Information on AMS

Registration Details	
Sr.	Type of Registration
1	FCRA [No.0631180014]
2	Society [No.SC/4094 dated 18/07/2003]
3	12-A 05/15
4	80G 5/16
5	PAN No. AAFTS6928N
6	TAN No. BPLA04984A
7	Planning Commission NGO Portal Unique ID No. MP/2009/0004319

AMS's

Registered & Head Office:

Jawahar Road, Chhatarpur-471001(M.P.) India

Phone No. 07682-242315 Mobile No. 09424344088/09407005729

Email ID: abharmahila23@gmail.com, pradeep_abhar@yahoo.co.in

Our Bank: State Bank of India, ADB branch, Chhatarpur-471001 (MP)

ACTIVITIES

NADEP Awareness Meetings:

AMS organized NADEP awareness meetings in 13 villages of district Chhatarpur for the benefit of farmers. A total of 415 men and women participated in it. NADEP (National Agribusiness Development Program) composting method is for quick recycling of agro wastes. The villagers were told that the NADEP method of organic composting was developed by a Gandhian worker called Narayan Deotao Pandharipande of Maharashtra (Pusad). Compost can be prepared from a wide range of organic materials including dead plant material such as crop residues, weeds, forest litter and kitchen waste. Compost making is an efficient way of converting all kinds of biomass into high value fertilizer that serves as a good alternative to farmyard manure, especially for crop-growing households without livestock.



Kitchen Garden:

AMS organized meetings in 13 villages of district Chhatarpur to spread awareness regarding the kitchen garden among the villagers especially from scheduled caste and OBC families. AMS wants to encourage them to develop kitchen garden in their own courtyard and wants to tell them about its importance. Vegetables occupy an important place in our daily life particularly for vegetarians. Vegetables are the only source to increase not only the nutritive values of foods but also its palatability. Considering the above facts, we advised the villagers to produce their own vegetable requirements in their backyards using the available fresh water as well as the kitchen and bathroom waste water. This will not only facilitate prevention of stagnation of unused water which will be hazardous to health through environment pollution, but can be useful for successful production of their own requirement of vegetables. Cultivation in a small area facilitates the methods of controlling pests and diseases through the removal of affected parts and non use of chemicals. This is a safe practice, which does not cause toxic residues of pesticides in the vegetables produced. 170 men and women participated in the program.

**Farmer Clubs:**

For sustained 4% growth in agriculture there is a need to improve productivity and cut down on costs by improving efficiency. There is, therefore, an urgent need to provide package of initiatives for transfer of technology, improving input use efficiency, promoting investments in agriculture both in private and in public sectors and creating a favourable and enabling economic environment. The emerging needs in agriculture sector now are adoption of location specific skill and knowledge based technologies, promote greater value addition to agriculture produce, forge new partnerships between public institutions, technology users and the corporate sector, harness IT more effectively to realize financial sustainability and compete in the international market. For transmitting the latest agriculture techniques to the Farmers' field, orienting them to establish better relationship with banks, adoption of latest post-harvest handling technology, value addition, etc. and enjoy the benefits of collective bargaining power both for procuring inputs and select their produce the Farmers' Club Programme is an appropriate. This information was given by AMS to 130 farmers by making a close contact in 13 villages of district Chhatarpur.



Conservation of natural resources:

Biodiversity is the variability among living organisms and the ecological complexes of which they are part, including diversity within and between species and ecosystems. Biodiversity has direct consumptive value in food, agriculture, medicine, and in industry. AMS organized meetings in 6 village of district Chhatarpur to let the villagers know that why they should save the natural resources of water. Due to global warming, the water level is going down and down and if we don't protect the natural resources, we will face a great difficult for the water.



Rath Yatra- Beti Bacho Abhiyan:

Sex ratio of the country reflects the status of the women in the society. India is one of the few countries in the world where males outnumber females. The deficit of women in India's population has been documented ever since the first decennial enumeration of the people was conducted by the British. In our country the number of women per 1000 men steadily declined from 972 in 1991 to 933 in 2001.



To create the enabling environment for girls and to spread awareness among the villagers, AMS organized Rath Yatra in 13 villages of district Chhatarpur. The villagers were told about the **Pre-conception and Pre-natal Diagnostic Techniques (PCPNDT) Act**.

This would check the pre-natal sex determination and elimination of the female foetus within the womb at least to some extent.

Workshop for elimination of Child Labour:

Child labor in India is a human right issue for the whole world. It is a serious and extensive problem, with many children under the age of fourteen working in carpet making factories, glass blowing units and making fireworks with bare little hands. According to the statistics given by Indian government there are 20 million child laborers in the country, while other agencies claim that it is 50 million. AMS organized workshops in Chhatarpur in which 55 persons participated. The strategies were made to eliminate the child labour.

Environment awareness program:

AMS organized a campaign in 13 villages of district Chhatarpur and covered the school to inform the student about the environment. A total of 120 students attended the program. They were told about the climate change, global warming, biodiversity and how to save it. They were told about the preservation of natural resources so that we do not face the scarcity of water. Presently in the area, the ground water level is degrading day by day and it is the responsibility of each and every one to take some concrete step to stop it. The students were advised to spread these words in their families so that the biodiversity can be preserved and natural resources can be saved.



AIDS awareness campaign:

AMS organized AIDS awareness campaign in 13 villages of Chhatarpur in which 735 villagers took part. They were given the information about the AIDS, how to prevent from it, and what precaution should be taken. They were told that Acquired Immuno Deficiency Syndrome is a disease of the human immune system caused by the human immunodeficiency virus (HIV). This condition progressively reduces the effectiveness of the immune system and leaves individuals susceptible to opportunistic infections and tumors.

International Women's Day:

International Working Women's Day, is marked on March 8 every year. Nowadays this is a major day of global celebration of women. In different regions the focus of the celebrations ranges from general celebration of respect, appreciation and love towards women to a celebration for women's economic, political and social achievements.



Started as a Socialist political event, the holiday blended in the culture of many countries, AMS organized this day at Chhatarpur in which 175 women participated. They were informed about various government schemes and encouraged to adopt the leadership role.

Awareness program- killing of female babies:

"Female infanticide is the intentional killing of baby girls due to the preference for male babies and from the low value associated with the birth of females." The phenomenon of female infanticide is as old as many cultures, and has likely accounted for millions of gender-selective deaths throughout history. It remains a critical concern in a number of "Third World" countries today, notably the two most populous countries on earth, China and India. In all cases, specifically female infanticide reflects the low status accorded to women in most parts of the world; it is arguably the most brutal and destructive

manifestation of the anti-female bias that pervades "patriarchal" societies. It is closely linked to the phenomena of sex-selective abortion, which targets female fetuses almost exclusively, and neglect of girl children. AMS organized a campaign in the area and gave information to the public regarding the PCPNDT act. A total of 788 women participated in the program.



Awareness campaign- Nasha Mukti Abhiyan:

AMS organized Nash Mukti Abhiyan in 13 villages of Chhatarpur block and near about 525 persons participated in the program. They were told about the Alcoholism, also known as alcohol dependence, is a disease that includes the following four symptoms: craving i.e. a strong need, or urge to drink, loss of control i.e. not being able to stop drinking once drinking has begun, physical dependence i.e. withdrawal symptoms, such as nausea, sweating, shakiness and anxiety after stopping drinking and tolerance i.e. the need to drink greater amounts of alcohol to get “high”. The people were advised to avoid or leave drinking habit as it is very much bad for the health and also for the family.

Jan Sunwai:

Jan Sunwai is a process by means of which any issue related to social sector is addressed to a panel of experts from the related field. As a part of it, recommendations from the panel are then given to the Government for immediate action so as to make relevant changes in its functioning. A Jan Sunwai has been organized at Chhatarpur in which 743 persons participated. Jan Swasthya Abhiyan has been launched as a campaign to establish the ‘Right to Health Care’ as a basic human right. As a part of this campaign, there is a plan to organize public hearings on the issue of denial of health care and status of public health system in various parts of district. The public hearings are to be organized with a view to put pressure on public health systems on one hand and increasing awareness about health rights in the community on the other.

The basic aim of conducting public hearings is to portray the actual state of the public health system and facilitate dialogue between the public and the government health officers. Thus, these public hearings need to be organized as effectively as possible.



Organization of Health Day:

AMS organized health day in 6 villages of Chhatarpur for the benefit of poorer and deprived section of the society. About 450 persons participated in the program. The people were given information regarding general diseases and how to cure them at the domestic level. They were told about the health and hygiene tips. How to prevent from the diarrhea, and the use of ORS was also discussed with them.



Grain/Seed Bank:

AMS arranged the meetings in 13 villages of district Chhatarpur in which the villagers were advised to form grain/seed bank so that in case of need they can take the benefit of this arrangement. This can also be utilized for the seed exchange purpose. Community based seed bank are an old practice and it gives good results for the good crop and cultivation.



Awareness campaign for adolescent girl's health:

AMS organized awareness campaign for the adolescent girl's health in 13 villages. The participants (165) were advised to get the regular check ups of the young girls. They were told about the health hygiene practices. The mothers were given the advice to take care of their daughters. They were also advised about the changes happen during adolescent age and how to cope with them.



Our sponsors

- 1.Public donations
- 2.Casa Bhopal
- 3.M.P.V.H.A.

HELP US.....

You can contribute to our efforts being made to help the needies by making a donation to AMS. The drafts/cheques can be made payable to “Abhar Mahila Samiti, Chhatarpur”.

President

Prabhati khare

Abhar Mahila Samiti, Chhatarpur

Dist. Chhatarpur (M.P.)