

# ANNUAL REPORT

## 2011-2012



**ABHAR MAHILA SAMITI**  
**Jahar Road Chhatarpur [M.P.]**

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**Abhar Mahila Samiti Chh.**

It is my pleasure to present the Annual Report of AMS for the year 2009-10. As has been in the past, the year has been full of significant initiatives and approaches in the effort towards serving the women & children and enhancing collaborations in the development sector. During the year AMS has made commendable efforts in promotion of knowledge and skills in rural women. The efforts made by AMS through trainings research studies and consultative dialogues have opened up greater opportunities of microfinance and livelihood in the district. Other initiatives like Jan Sunwai, trainings and dissemination of relevant information through awareness campaigns have contributed to development of larger vision in the district Chhatarpur.

AMS has also been able to facilitate purposeful collaborations in the form of workshops in the district. Through these forums we have been able to formulize a combined strategy for various Campaign and ensured participation of villagers and effective implementation of several development schemes in the district.

Through the flagship programmes like workshop for climate change, awareness campaign for iodized salt, workshop for water conservation etc, AMS intends to build the “appropriate capacities” of village communities so that they are in a better position to address the development needs. I thank them all for their confidence in AMS and look forward to a continued association.

I would like to mention a special word of thanks to support provided by various supporters, our resource persons and other experts who have been incredible in providing their support to our programmes. I appreciate their gesture and commitment towards the good cause.

AMS has attained respectability as a support organization in the state and I would like to thank all the concerned for having good faith in its capacities and look forward to their continued support in the future as well. With the new perspective plan in hand AMS has a long way to go in furthering its mandate of promoting society. I also take this opportunity to congratulate the staff of AMS who has untiringly worked towards building the organization as a dynamic and futuristic organization.

**Mrs.Prabhati Khare**  
Chairman

## **Our Vision**

The vision of the organization is the social, economical and cultural development of the most suffering, exploited and deprived people of the society by bringing them back to the main stream so that the last man of the society may live peacefully, freely and with dignity.

## **Our Mission**

The mission of the organization is to unite the women, deprived and exploited people of the working area and build their capacity so that they can get their rights due to strength and can join the main stream of the society and live with self respect.

## **Information on AMS**

Registration Details	
Sr.	Type of Registration
1	FCRA [No.0631180014]
2	Society [No.SC/4094 dated 18/07/2003]
3	12-A. 05/15
4	80 G. 5/16
5	PAN No. AAFTS6928N
6	TAN No. BPLA04984A
7	Planning Commission NGO Portal Unique ID No. MP/2009/0004319

## **AMS's**

**Registered & Head Office:** Jawahar Road, Chhatarpur- 471001(M.P.) India

Phone No.+91-7682-242315    Mobile No. 09424344088    Email ID: [abharmahila23@gmail.com](mailto:abharmahila23@gmail.com),  
pradeep\_abhar@yahoo.co.in

**Our Bank:** State Bank of India, ADB branch, Chhatarpur-471001 (MP)

## **Activities**

### **AIDS awareness campaign:**

AMS organized AIDS awareness campaign in 5 villages of Chhatarpur in which 223 villagers took part. They were given the information about the AIDS, how to prevent from it, and what precaution should be taken. They were told that Acquired Immuno Deficiency Syndrome is a disease of the human immune system caused by the human immunodeficiency virus (HIV). This condition progressively reduces the effectiveness of the immune system and leaves individuals susceptible to opportunistic infections and tumors. HIV is transmitted through direct contact of mucous membrane or the bloodstream with a bodily fluid containing HIV, such as blood, semen, vaginal fluid, preseminal fluid, and breast milk. This transmission can involve anal, vaginal or oral sex, blood transfusion, contaminated hypodermic needles, exchange between mother and baby during pregnancy childbirth, breastfeeding or other exposure to one of the above bodily fluids.

### **Special day program:**

AMS organized a village level program in 10 villages of Chhatarpur. The villagers were told about the celebration of special days in the memories of martyrs who had given their lives for the sake of our country. Such days are celebrated in the memories of Sardar Bhagat Singh, Chandrashekhar Azad, Sukhdeo and Rajguru, Mahatma Gandhi, Jawaharlal Nehru etc. The villagers were informed that these persons were having a high moral characters and were determined to do something concrete for their country.





## **Health Camps:**

AMS organized health camps in 10 villages of Chhatarpur for the benefit of poorer and deprived section of the society. The specialist doctors viz. heart specialist, ophthalmologist, dermatologist, general practitioners, gynecologist were invited to render their services in the camps. The necessary medicines were distributed free of cost to the poorer families. About 275 persons, women and children took benefit in these health camps and avail the facilities arranged by AMS for them.



## **Awareness campaign- Nasha Mukti Abhiyan:**

AMS organized Nash Mukti Abhiyan in 5 villages of Chhatarpur block and near about 300 persons participated in the program. They were told about the Alcoholism, also known as alcohol dependence, is a disease that includes the following four symptoms: craving i.e. a strong need, or urge to drink, loss of control i.e. not being able to stop drinking once drinking has begun, physical dependence i.e. withdrawal symptoms, such as nausea, sweating, shakiness and anxiety after stopping drinking and tolerance i.e. the need to drink greater amounts of alcohol to get “high”. The people were advised to avoid or leave drinking habit as it is very much bad for the health and also for the family

## **Workshop for water conservation:**

A workshop has been organized for the volunteers and farmers to make them known about the importance of water and how to conserve it. A total of 65 people participated in it. The water conservation was defined to them as any beneficial reduction in water loss, use or waste as well as the preservation of water quality. A reduction in water use accomplished by implementation of water conservation or water efficiency measures or improved water management practices that reduce or enhance the beneficial use of water. They were told that water efficiency is a tool of water conservation. That results in more efficient water use and thus reduces water demand. The value and cost-effectiveness of a water efficiency measure must be evaluated in relation to its effects on the use and cost of other natural resources.

## **Beti Bachao Campaion**

By keeping an aim in the mind, AMS organized Rath Yatra in 10 villages of district Chhatarpur to make the public aware about the various government schemes. .During the campaign, the public was addressed to know about various government schemes by which they can be benefited especially with the scheme related with women and children. They were told that they should send schools to their daughter and as per their status can use various benefits government is offering. They should send their children in the anganwadis so that children can develop the habit of sitting in anganwadis, can be immunized and also can get nutritional supplementary food. The queries of the villages were replied well and their doubts have been cleared.

## **Nadep Building**

AMS organized NADEP awareness meetings in 13 villages of district Chhatarpur for the benefit of farmers. A total of 415 men and women participated in it. NADEP (National Agribusiness Development Program) composting method is for quick recycling of agro wastes. The villagers were told that the NADEP method of organic composting was developed by a Gandhian worker called Narayan Deotao Pandharipande of Maharashtra (Pusad). Compost can be prepared from a wide range of organic materials including dead plant material such as crop residues, weeds, forest litter ad kitchen waste. Compost making is an efficient way of converting all kinds biomass into high value fertilizer that serves as a good alternative to farmyard manure, especially for crop-growing households without livestock.

## **Seed Bank**

AMS arranged the meetings in 13 villages of district Chhatarpur in which the villagers were advised to form grain/seed bank so that in case of need they can take the benefit of this arrangement. This can also be utilized for the seed exchange purpose. Community based seed bank are an old practice and it gives good results for the good crop and cultivation.



Abhar Mahila Samiti Chhatarpur Organized by Other program in 15 villages of district Chhatarpur Gender Mainstreaming , Water Conservation, Self Employment Camp, Kishori Group Meeting, Kitchen Garden, Farms group, Formation, Addles girls program, Add the audit report .

# Abhar Mahila Samiti Chh.











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